



4-H Foods Project Record Sheet

Date _____

Name _____

Club _____ County _____

Project _____ Years in Project _____

List your goals for this project.

Tell what you wanted to learn and do in this project. If you had to set goals at the beginning of the year, copy those goals below. If you followed the goals already set in your project book, list the ones you wanted to accomplish here.

This year my goals were:

List what you learned as you were accomplishing each of your goals.

This year I learned:

counties; State (S): events that the whole state can participate in; Regional (R): events that involve several states; National (N): events that include most of the United States; World (W): worldwide events.

List the demonstrations you gave in this project.

A demonstration is a pre-planned & prepared presentation about your project given in front of a group of people. You do not have to enter a contest or receive an award. A demonstration can be given in all projects including speech, rodeo, shooting sports, livestock, etc. Giving a speech in the speech project does not count as giving a demonstration in the project, but teaching others about public speaking does.

Level	Title of Demonstration	Where presented

List what you exhibited in the project and where you exhibited it.

An exhibit is something you show for public inspection. It shows the public (other people) something you learned or did in your project. In the majority of cases this will be a physical object; for example, something you make, grow, raise or bake. It may be a poster display showing something you learned or did in your project. Raising and showing your animal at a fair counts as an exhibit. In some projects: i.e. shooting sports, rodeo, and public speaking, an exhibit does not necessarily have to be a physical object. However, what you list in the exhibit section **CAN NOT** be listed in another section of your record book. For example, you **CAN NOT** list “shot rifle at county contest” under **EXHIBIT SECTION** and then list it under **CONTEST SECTION**. Do Not Duplicate a Single Event/Entry as a demonstration, exhibit or contest.

Level	What you exhibited	Where exhibited

Other Project Activities continued:

Items	Number	Value
Total Opening Inventory		

Financial Summary: How much money did you spend or earn in your project?

Date	Items	Number	Expense	Income
	Income and Expense Totals			

Closing Inventory: Items on hand at end of your project. Remember: once you use an item, it no longer has the same value as when it was new.

Items	Number	Value
Total Closing Inventory		

Evaluation of Products Prepared: use the table below to record and evaluate the food products you prepare in this project. Add additional sheets if necessary.

