

AUGUSTA AHLM

2023 YEAR IN REVIEW



NMSU EXTENSION FAMILY CONSUMER SCIENCE 4-H AND YOUTH DEVELOPMENT AGENT

To serve one's community as a liaison between New Mexico's Land Grant University (NMSU) and the people of one's county in a grassroots model; advocating for research to address community needs and disseminating researched based practice and educational resources in areas pertaining to Family Consumer Sciences and Youth Development.



2023 PLAN OF WORK GOAL AREAS

- 4-H and Youth Development
- Mental Health
- College Career Readiness



4-H YOUTH DEVELOPMENT

- Genral Responsibilities
 - Enrollment - 400+ youth enrolled in 19 traditional 4-H clubs and 7 special interest clubs with 140+ adult volunteer leaders.
 - Monthly 4-H Newsletter
 - Club Financial Records – IRS reporting for NMSU and yearly audits
 - 4-H Project Curriculum distribution and guidance
 - Project and Competition Workshops
 - Club Year-End Reports and Secretary Books
 - Guidance to 4-H Club Leaders
 - Genral Club Program Support
 - County and State 4-H Record Books
 - County Council
 - 4-H Club Officer Training
 - County, District, and State Contests
 - County Wide Fundraisers
 - County Wide Community Service
 - County Facebook and social media management
- 2023 Overview
 - 100 Hands to Larger Service Initiative
 - Increased participation in county wide events
 - Major Program Areas
 - Weaving and Fiber Craft, STEM, Canning, Mental Health, Horse, Parliamentary Procedure
 - New/ Renewed Implementations
 - Leader/ Volunteer Trainings: Genral, Finacial, Inclusion, Mental Health, Mandatory Reporting
 - Fall 4-H Fest and Carnival Fundraisers
 - Ag-tivity Camp
 - Day Camp
 - Itty Bitty Jackpot
 - State Programing
 - NM 4-H Horse School Instructor
 - NM FCS School Jr. Instructor Advisor and Community Service Facilitator
 - NM State FCS Skill-A-Thon Superintendent
 - NM State Fair 4-H Sewing Superintendent
 - Agent MyNMPlate Training Facilitator

NON- CLUB BASED YOUTH DEVELOPMENT COLLEGE AND CAREER READINESS

- NMSU Aggie Next Step Workshops: 300+ Youth Served
 - Liaison between ANS and CCSD Schools
 - Mind Matters Mental Health and Resiliency
 - ANS Curriculum Facilitator
 - Native American Resorces and Recruitment for NMSU
- Growing Forward Farm School Tours: 700+ Youth Served
- Athletic Nutrition Resorces: 30+ Youth Served
- Dine' Leaders in the Trades Program Development, Implementation, and Instructor: 35 Youth Served
 - Tracks and Materials for: Farm/Garden, Culinary Arts, Mechanics, Horse Shoeing, CPR/ First Aid



MENTAL HEALTH AWARENESS

- Certified QPR: Question, Persuade, Refer Trainer
 - 4-H Leader QPR Training
- 4-H Volunteer Mandatory Reporting and Mental Health Awareness Workshop
- Building Mental Health Awareness and Mental and Resilience in School
 - Farmington Municiple School's Support Staff Training
- Publications and Club Activity Guides
 - "Protect the Safety of Our Youth" Brochure
 - "How to Talk about Mental Health" family and club activity guides (4guides to address different age groups)
- Certified Mind Maters Educator
 - Curriculum Series for Kirtland Middle School 6 weeks series: 24 Youth Serves
- Farmer's Stress Management Resources National Workshop Attendee



COMMITTEES AND ADDITIONAL RESPONSABILITIES

- San Juan Basin Multi State Planning
- NMSU QPR/ Mental Health Awareness
- NM 4-H Diversity Committee
- Northwest District 4-H Agent Representative
- National Juding Trip Coordination
- National Extension Association of Family and Consumer Science Conference Attendee
- State 4-H Agent In-service Aggie Next Step Assistant Speaker
- State 4-H Agent In-service NMMyPlate Speaker
- State 4-H Horse School Riding Instructor
- Sandoval County Fair Indoor Exhibit Judge
- Northern Dist. FCS Skill-A-Thon Superintendent
- State FCS Skill-A-Thon Superintendent
- NMSF Sewing Superintendent
- FCS School Planning Committee
- FCS School Jr, Instructor Advisor
- FCS School Community Service Facilitator
- FCS School Team Building Facilitator
- District Contest Planning Committee
- State Conference Planning Committee
- Horse Project Reframing Committee

SUCCESSES AND ACHIVEMENTS

- Excellence in Peer Professional Development in Diversity State Award
- 100 Hands to Larger Service Initiative
- 260+ participants in End-of-Year Banquet
- Record attendance 60+ at County Council Meeting
- Dine' Leaders in the Trades
- IFA Partnership for Animal Nutrition Grants
- Round Table with Senator Lujan

